

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

MAY 2024

Cherry Valley-Springfield Central School

Offer vs. Serve
Cafeteria must offer all 5 meal components
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)
Students may choose up to all 5 components.

Monday

Tuesday

Wednesday

Thursday

Friday



1
Roasted Turkey Sandwich w/cheese, WG Pretzel Roll
L.T.O.P, Pasta Salad
Fresh Veggies & Hummus
Fresh Fruit, Milk

2
Chicken Parm Pasta
Whole Grain Breadstick
Crisp Romaine Salad
Fresh Fruit, Milk

3
Cheese/Sausage Pizza
Whole Grain Crust
Grape Tomatoes, Baby Carrots & Dip
Fresh Fruit, Milk

6
BBQ Chicken & Cheese Sandwich, WG Bun
Coleslaw, Tater Tots
Fresh Fruit, Milk

7
Ham or Bologna w/Cheese Whole Grain Bun
L.T.O.P
Cucumbers, Chips
Fresh Fruit, Milk

8
NYS Meatballs and sauce
Mozzarella Cheese
Garlic Bread, Romaine Salad
Baby Carrots
Fresh Fruit, Milk

9
Chicken & Cheese Quesadilla
Whole Grain Tortilla
Salsa, Sour Cream
Black Bean & Corn Salad
Fresh Fruit, Milk

10
No School

13
Taco Salad w/ Salsa, Sour Cream, Lettuce, Cheese, Tomatoes, Tortilla Chips
Whole Grain Roll
Fresh Fruit, Milk

14
Brunch for Lunch
Sausage, Egg & Cheese on English Muffin
Roasted Potatoes
Fresh Fruit, Milk

15
Turkey Club Wraps w/ Bacon, L.T.O.P.
Pretzels, Rainbow Pepper Strips, Baby Carrots
Fresh Fruit, Milk

16
National BBQ Day
Pulled Pork Sandwich
Whole Grain Bun
Baked Beans
Coleslaw
Fresh Fruit, Milk

17
Pesto Chicken or Cheese Pizza
WG Crust
Celery, Cucumbers
Fresh Fruit, Milk

20
Ham or Egg Salad Sandwich
WG Bread, L.T.O.P.
Pickled Beets
Veggies w/ Hummus
Fresh Fruit, Milk

21
Loaded Chicken Nachos
WG Tortilla Chips
Salsa, Guacamole, Sour Cream, Lettuce, Jalapenos
Fresh Fruit, Milk

22
Hamburger/Cheeseburger w/ NYS Beef
Whole Grain Bun
L.T.O.P
Broccoli Salad, Sun Chips
Fresh Fruit, Milk

23
Chicken Tenders w/ dipping sauces
Sweet Potato Fries
Fresh Veggie w/Dip
Fresh Fruit, Milk

24
No School

27
No School

28
New York State Hot Dog
Whole Grain Bun
Baked Beans, Coleslaw
Fresh Fruit, Milk

29
Popcorn Chicken
WG Roll
Broccoli Salad
Steamed Brown Rice
Fresh Fruit, Milk

30
Chicken & Cheese Wrap
Assorted Dipping Sauce
Romaine Lettuce
Pasta Salad
Fresh Fruit, Milk

31
Pepperoni or Cheese Pizza
Whole Grain Crust
Baby Carrots, Grape Tomatoes
Fresh Fruit, Milk



Our school is participating in the NYS Farm to School Initiative. A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

Alternative Entrée's offered Daily
Peanut Butter & Jelly
Yogurt & Cheesestick
Salad Bar